

Ageing well minutes 15/02/18 4:00-5:30pm Meeting room 9, Trafford Town Hall

Attendees: Stephen Anstee; Eleanor Roaf; Deb Gent; Judith Lloyd; Kate Hardman; Ann-Marie Jones; James Gray; Heather Fairfield; Gavin William; Vimi Jhatakia

1) Welcome, introductions and apologies: all introductions were made. Apologies were received from Cllr Harding, Sarah Grant & Diane Eaton

2) Scope and purpose of board:

The purpose of the board is to provide a forum for agreeing and progressing partnership work relating to aspects of ageing well. It will operate as a sub-Board of the Health and Wellbeing Board, giving a governance structure to this work.

Work to be overseen by the Board will include wider population pieces of work that meet the following criteria:

- a) Are they 'important' for people of Trafford?
- b) Are people of Trafford already undertaking this work, and/ or is there an identified need to do this?
- c) How does it tie in with GM agenda?
- d) Does it require a multi-agency approach?

The aim of this group is to provide a focus and oversight of the work, ensuring that interdependencies are recognised.

Membership: It was noted that consideration should be given to including the residential and homecare sectors in the group, as well as the Housing Trust. The CCG clinical lead will be Liz Clarke.

3) Key areas:

Four or five areas of work have been identified as fitting well with the purpose of the Board. These are falls; frailty; dementia, End of life, and Age Friendly Trafford.

Age friendly Trafford: as part of the GM Plan, areas are required to develop locality Age Friendly Plans. GM has training modules on age friendly plans, covering 8 main areas, as set by the World Health Organisation: community support & health services, respect & social inclusion, employment & volunteerism, housing, social participation, transportation, communications & information and outdoor spaces & buildings.

It was agreed that the development of the local plan would come under the remit of the Ageing Well Board. Deb Gent will lead on this for Trafford, DG & ER are to pull up a workshop for age friendly groups and have sessions for all. This is to look at what other GM members are doing? Which issues resonate in Trafford now and in the future? What message do we want to give to Trafford?

Action: KH to circulate data on demographics to support this work

DG and ER to set up a half day workshop to discuss and agree the priorities for and focus of Trafford's Age Friendly Plan

- a) **Dementia:** There is a dementia strategy in place which was produced in 2016 by the Dementia steering group. At a GM level there is work undertaken by Dementia united with 5 main streams: prevent well; diagnose well; live well; support well and dying well. There was a discussion as to whether the Strategy could be taken to the next HWBB for sign off, but it was agreed that there needs to be further work done on this and that it should come to the Ageing Well Board for discussion and sign off, including the development of an implementation plan.

Action: To ask the Dementia Steering Group to work up the strategy and implementation plan and report back to the Board

Falls & Frailty: The board decided that falls and frailty should be linked. There is an existing falls and bone Health multiagency strategy, agreed in 2015, with work streams relating to prevention; rehabilitation; and services. Some work has been undertaken to implement this and this has recently been reinvigorated. Brooks Kenny from the CCG is leading the work on developing more robust pathways for preventing and managing falls and reducing falls risk, and a workshop is planned for 23rd February. The response of care homes to falls was discussed and HF agreed to share data regarding 999 calls from nursing homes

- b) **End of life:** The CCG, together with partner agencies, are working on the End of Life pathway, in response to the high numbers of Trafford residents who are not able to die in their preferred place. Workshops have been organised and. Gavin Williams provided some information from the Airedale Vanguard which focuses on end of life, and is described more fully in the Appendix to these notes.

4) **Cross cutting themes:**

The potential for **improved technology** to support independent living was discussed, and Deb Gent to do work around housing and technology, thoughts on how we can introduce this into a home.

The negative impact of **social Isolation** was discussed and while loneliness and social isolation can be a factor across all age bands, physical infirmity or bereavement may make it more acute for older people. Addressing social isolation should be considered across all the work streams above.

- 5) **User and Carer engagement:** It was agreed that we need to have a robust method of gaining user and carer input to the Board. ER enquired about having an annual event similar to the Tameside model where organisational leads are asked to feedback on their services over the last year, to an audience of older people, The service users are invited to question the leaders and comment on the feedback, before then working together to produce a list of priority actions for the following year. It was agreed that this would be given further consideration, including questions on logistics and management of expectations.

- 6) **Any other business:** There was no other business to discuss

- 7) **Date of next meeting:** TBC in mid/late April, but will take the form of a half day workshop to start the development of the Trafford Age Friendly Plan