

Minutes of the Start Well Board
2nd March 2018, 10-11:30am,
Meeting Room 9, Trafford Town Hall

Attendees: Cllr M Whetton, (chair); Helen Gollins; Jo Gibson; Kate Hardman; Bo White; Vimi Jhatakia; Karen Samples; Anna Bond; Kath Murphy; Anne Day; Sarah Grant; Jenny Hunt

1. Welcome, introductions and apologies

Apologies were received from Emma Thompson, Ric Taylor, Alison Milne, Jane O'Keefe, Richard Spearing and Anita Kiernan

2. Health and Wellbeing Board (HWB) governance structures and role of the Start Well Board

The HWB plan on a page was shared with the group.



Trafford Health and Wellbeing Strategy 2018-2021

CllrW described the purpose of the Board, and that it would provide strategic overview and consolidate all the work currently happening across Trafford for the life stage 0-19 years, 0-25 years for children and young people with SEND. The Start Well Board will report into the Health and Wellbeing Board. It will also ensure that it receives updates from GM representatives in order to support engagement in this wider agenda.

The plan is to partition this life stage to ensure it is manageable, the board will have further sub-boards;

- a maternity sub-board will be established,
- the Early Years Strategic Forum is providing strategic oversight for 0-5 years, Karen Samples is the chair of this Forum and a member of the group.
- the SEND Board will provide updates.
- although there is lots of activity for 6-19 years, (up to 25 years for SEND) across Trafford there is no one strategic group where this is considered. The board needs to determine how to meet this governance gap.

It was noted that Karen Samples also chairs the SEND Board and will ensure the Start Well Board receives updates from this Forum.

Karen Samples described the role of the Early Years Strategic Forum including the range of membership from education, early year's providers, pre-school, teachers and PVI providers. The objective of the Forum is to improve and reduce inequalities in school readiness across the Borough. The action plan will be circulated to the group.

CllrW asked how Trafford performs for school readiness. KS confirmed Trafford is achieving highest in northwest, well above national average.

JH described the One Trafford Response (OTR) programme. Adopting a holistic approach, it embraces evidence from the Stronger Families programme and offers the family specific key workers. OTR is currently being piloted in the Stretford area.

HG described the Stronger Start Pathway which was introduced in October 2017. It is essentially an Early Years, Early Help Health Visitor lead pathway. There are specific criteria for referral on to the pathway. There are 68 families currently on the pathway predominately from the North Locality.

KM described the new maternity services arrangements. The Board agreed that better oversight of maternity services was required.

Actions:

- HG to work with Ric Taylor and KM to establish a Maternity Sub-Board
- HG to request an updated version of GM's Children's and Young People's Health and Wellbeing Strategy and circulate this to the group.
- KS to circulate the Early Years Strategic Forum Plan to the group via VJ.

3. Existing operational groups relevant to this domain

Agenda item 2 consisted of much of the content of this agenda item.

Action: HG and SG to map relevant groups and Boards and share this with the Sub-Board at the next meeting to identify any gaps.

Health and Wellbeing Board

The Start Well Sub-Board is accountable to the Health and Wellbeing Board, (HWB). The HWB has an overarching objective to improve and reduce inequalities in healthy life expectancy in Trafford. The HWB has 5 priorities which will contribute to achieving this objective:

- a) To improve cancer prevention and screening
- b) To reduce the impact of poor mental health
- c) To reduce physical inactivity
- d) To reduce the number of people who smoke or use tobacco
- e) To reduce harms from alcohol

The Annual Public Health Report 2017 focussed on Children and Young People, aligning the priorities to this life stage. It focused on; adverse childhood experiences, promoting physical activity, reducing the impact of second hand smoke amongst other issues.

SG talked about the Sports Partnerships and inviting Tom Howarth, Communities and Partnerships Team to future meetings.

AB asked about school nutrition, SG informed the Sub-Board there is a GM nutrition programme established. Trafford are currently mapping nutrition in primary schools.

The group discussed the impact and accessibility of energy drinks..

Alcohol intake was raised and the sale of alcohol to young people. VJ informed the board that these issues had also been raised at the LiveWell and AgeWell Boards.

Actions:

- CllrW to formally raise with Cllr Lamb, Chair of the HWB concerns about licencing of alcohol and fast food premises, requesting that this is raised for discussion at the next Board.
- KS, SG and HG to meet to discuss school nutrition, including evidence of harm of energy drinks and develop a way forward with schools. Plan to be presented at next sub-board.

4. Maternity, Child and Young Peoples Outcomes and Performance

KH presented health needs of this life stage to the Sub-Board, (presentation attached). Concerns were raised about physical inactivity and hospital admissions.

HG, BW, and KH are working with Zoe Melon, CCG Performance Analyst to develop a children's dashboard. If available this will be shared with the Sub-Board at the next meeting.



Start Well H&WB
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Actions:

- KH to review hospital admissions, including activity at different sites.
- HG, KH and BW to progress and share the children's dashboard at the next meeting if available.

5. Terms of Reference and Membership

Actions:

- final version of the TORs to be circulated to the group for agreement.
- CllrW to invite Cllr Baugh to join the Sub-Board.
- Paula Lee, Interim Strategic Lead – West Locality, Trafford Division and Fiona Murray, CEO, Trafford Youth Trust to be invited to the Sub-Board.

6. How this Board will operate – discussion and next steps

- A priority setting exercise needs to be completed. HG and KH to review the data and identify a set of priorities. These will be shared with members and a meeting will be arranged prior to the HWB to discuss further.
- A meeting following the HWB can focus on the development of a work plan.

Actions:

- VJ to set up a priorities setting meeting prior to the HWB in April.
- VJ to set up a formal Sub-Board meeting following the HWB.
- HG and KH to review data and share possible priorities with the sub-board in preparation for the prioritisation meeting.

Action Log

Action	Lead
Established a Maternity Sub-Board.	HG, Ric Taylor, KM
Updated version of GM's Children's and Young People's Health and Wellbeing Strategy circulated this to the group.	HG
Early Years Strategic Forum Plan circulated to the group.	KS, VJ
Map relevant groups and Boards and share this with the Sub-Board at the next meeting to identify any gaps.	HG, SG
Formally raise with Cllr Lamb, Chair of the HWB concerns about licencing of alcohol and fast food premises, requesting that this is raised for discussion at the next Board.	Cllr W
Meeting to discuss school nutrition, including evidence of harm of energy drinks and develop a way forward with schools. Plan to be presented at next sub-board.	KS, SG and HG
Review of hospital admissions, including activity at different sites.	KH
Progress and share the children's dashboard at the next meeting if available.	HG, KH and BW
Final version of the TORs to be circulated to the group for agreement.	VJ
Cllr Baugh invited to join the Sub-Board.	Cllr W
Paula Lee, Interim Strategic Lead – West Locality, Trafford Division and Fiona Murray, CEO, Trafford Youth Trust to be invited to the Sub-Board.	HG
Review data and share possible priorities with the sub-board in preparation for the prioritisation meeting.	HG and KH
Next meeting planned for following the HWB.	VJ